

ALLERGY TESTING – PATIENT MEDICATIONS GUIDE

Some medications may interfere with the results of an allergy skin test. To ensure an accurate skin test, please reference this list for the guidelines on medications that interfere with allergy testing.

✓ 72 Hours Prior to the Test – **STOP ANTIHISTAMINES & SLEEP AIDS**

Accuhist (Chlorpheniramine, Phenylephrine) * Actifed (Triprolidine) * Aldex AN (Doxylamine) * Alavert (Loratadine) * Allegra (Fexofenadine) * Antivert (Meclizine) * Astepro (Azelastine – Dispensed as Nose Spray) * Astelin (Azelastine – Dispensed as Nose Spray) * Atarax (Hydroxyzine) * Benadryl (Diphenhydramine) * Bonine (Meclizine) * Bromfed (Brompheniramine) * Chlor-Trimeton (Chlorpheniramine) * Clarinex (Desloratadine) * Claritin (Loratadine) * Dimetane (Brompheniramine) * Dimetapp Cold & Allergy * Dramamine (Dimenhydrinate) * Dura-Vent (Loratadine) * Elestat eye drops * Extendryl (Methscopolamine) * Hismanal (Azemazole) * Kronofed (Phenindamine) * Meni-D (Meclizine) * Naldecon (Chlorphen-Phenyltolox) * Nolahist (Promethazine) * Nalamine (Pyrilamine) * Nytol (Diphenhydramine) * Optivar eye drops * PBZ (Tripelenamine) * Palgic (Carbinoxamine) * Pamine (Methscopolamine) * Pannaz (Chlorpheniramine, Phenyl-propranolamine, Methscopolamine Nitrate) * Patanase (Olopatadine – Dispensed as Nose Spray) * Patanol eye drops * Periactin (Cyproheptadine) * Phenergan (Promethazine) * Poly-Histine (Phenyltoloxmine) * Rynatan (No Generic) * Seldane (Terfenadine) * Semprex (Acrivastine) * Sinulin (Acetaminophen, Chlorpheniramine, Phenylpropranolamine) * Sominex (Diphenhydramine) * Tavist (Clemastine) * Trinalin Repetabs (n/a) * Tussionex (Chlorpheniramine, Phenylpropranolamine) * Sominex (Diphenhydramine) * Tavist (Clemastine) * Trinalin Repetabs (n/a) * Tussionex (Chlorpheniramine, Hydrocodone) * Tylenol Allergy (Tylenol Allergy Sinus, Tylenol Cold and Flu, Tylenol Flu PM -Chlorpheniramine) * Unisom (Doxylamine) * Vistaril (Hydroxine) * Xyzal (Levocetirizine) * Zyrtec (Cetirizine)

✓ 24 Hours Prior to the Test – **STOP BETA BLOCKERS**

If you cannot be off your Beta Blocker, you may need a blood test. These DO NOT interfere with allergy testing, but this is an anaphylaxis risk safety measure. If you are on a Beta Blocker, the skin test can be performed 24 hours after your last dose. You may resume your Beta Blocker 30 minutes after your skin test. This is an anaphylaxis risk safety measure. Injection immunotherapy is not recommended while on beta blockers, however, the sublingual drops are safe to take.

Generic Name: Acebutolol * Atenolol * Betaxolol * Bisoprolol * Carvedilol * Carteolol * Esmolol * Labetalol * Levobunolol * Metipranolol * Metoprolol * Nadolol * Nebivolol * Penbutolol * Pindolol * Propranolol * Sotalol * Timo **Brand Name:** Betagan * Betapace * Betimol * Betoptic * Blocadren * Brevibloc * Bystolic * Coreg * Coreg CR * Corgard * Inderal * Inderal LA * InnoPran XL * Istalol * Kerlone * Levatol * Lopressor * OptiPranolol * Ocupress * Sectral * Sorine * Tenormin * Timoptic * Toprol-XL * Trandate * TSectoral * Visken * Zebeta

✓ Evening Before the Test – **STOP ANTACID MEDICATIONS**

Some antacid medications can also have an antihistamine effect. H2 antihistamine block receptors in the stomach which helps to decrease the acid production. TUMS or ROLAIDS are fine as they simply counteract the acid itself.

Antacids to stop are: Pepcid (Famotidine) * Zantac (Ranitidine) * Tagament (Cimetidine)

✓ Day of the Test – **STOP LEUKOTRIENE BLOCKING MEDICATIONS**

Leukotriene antagonists primarily work locally within the lungs and brachia to reduce respiratory inflammation. They may have a small antihistamine effect that could affect skin test results warranting an immunocap blood test to confirm if results appear inhibited. Avoid taking 2-3 hours prior to the test.

Leukotriene blocking medications to stop are: Singulair (Monteleukast) * Zyfo (Zileuon) * Accolate (Zafrlukast)

SEE REVERSE FOR MORE INFORMATION



ADDITIONAL MEDICATION INFORMATION

2 WEEKS BEFORE THE TEST - ORAL STEROIDS (PREDNISONE, MEDROL)

- Short-term use and small doses should have no effect on the skin test. However, it is recommended to be off treatment for a minimum of **2 weeks prior to the skin test** with short-term use.
- High doses and long-term use of oral steroids such as 20mg Prednisone or 16mg of Medrol per day may also affect skin test results. A blood test may be recommended instead. Short-term and small doses should have no effect on the skin test.

ASTHMA INHALERS

These **DO NOT** interfere with allergy testing. Take as prescribed. Asthma inhalers work as bronchodilators to release smooth muscle tension in the lungs.

Advair * Aerobid * Albuterol (Proair, Proventil, Ventolin) * Alvesco * Asmanex * Astrovent * Azmacort * Combivent * Dulara * Duoneb * Flovent (Fluticasone) * Maxair * Pulmicort * Qvar * Symbicort * Xoponex (Levalbuterol)

CORTICOSTEROID NASAL SPRAYS

These **DO NOT** interfere with allergy testing. Take as prescribed.

Flonase (Fluticasone) * Nasalide * Nasocort * Nasonex * Omnaris/Zetonna (Ciclesonide) * QNASL * Rhinocort * Veramyst

TRICYCLIC ANTI-DEPRESSANTS

These medications may (rarely) interfere with skin testing results. If you are taking these medications and results are suppressed, an immunocap blood test may be warranted to confirm the results and to avoid disrupting your treatment regimen.

Amitriptyline (Elavil, Endep, Triavil) * Amoxapine (Asendin) * Clomipramine (Anafranil) * Desipramine (Norpramin) * Doxepin (Sinequan, Adapin) * Imipramine (Tofranil) * Nortriptyline (Pamelor) * Phenegren/Compazine * Protriptyline (Vivactil) * Seroquel * Trazodone * Trimipramine (Surmontil)