

# ALLERVISION | *DROPS-Lapse in Treatment Ramp-up*

Drops are very forgiving and you can safely and easily resume treatment after a short time frame without them. Below is the schedule to follow if you have had a lapse in treatment.

## If you are in the **STARTER KIT PHASE** (Bottles 1 through 7)

- Missed **up to 2 weeks**
  - Resume from where you left off. You may need an antihistamine for relief of any allergy symptoms
- Missed **2 weeks up to 3 weeks**
  - If you have missed over 2 weeks while in the starter phase you should start back at the beginning of the previous bottle dosing. If you do not have the previous bottle contact your doctor for further options.
- Missed **over 3 weeks**
  - You will need to start from the beginning and may need to have your doctor order you a new Starter Set.



## If you are in the **MAINTENANCE PHASE** (Bottle M)

- Missed up to **2 weeks**- no problem, resume regular schedule
- Missed **3 weeks**- back to normal dosing in 3 days as follows:
  - **1 drop day on day 1**
  - **2 drops on day 2**
  - **3 drops on day 3 (normal dosing)**
- Missed **4 weeks**- ramp up over a 7 day period as follows:
  - **Day 1- 1 drops per day**
  - **Day 2- 1 drops per day**
  - **Day 3- 1 drops per day**
  - **Day 4- 2 drops per day**
  - **Day 5- 2 drops per day**
  - **Day 6- 2 drops per day**
  - **Day 7- 3 drops per day (normal dosing)**
- Missed **over 4 weeks**- you will need to order a starter kit to safely escalate to full strength again.
- If experiencing normal allergy symptoms take OTC antihistamines for a few days (i.e. Claritin, Zyrtec, Allegra, Benadryl.)
- Some uncommon side effects can be a tingling sensation of the mouth or tongue, slight swelling of the tongue or mucous lining which should only last a few minutes, minor stomach discomfort (remedy-hold drops under tongue for 2 minutes and then spit out serum instead of swallowing it)
- If any more serious localized issues arise (blisters, excessive swelling) stop taking drops & contact your doctor. We will gladly work with the doctor to modify treatment if possible.
- If any systemic symptoms arise such as difficulty breathing, throat constriction, hives, they may be experiencing a rare anaphylactic response. **Use the EpiPen and call 911**

