

# ALLERVISION | Allergy History Questionnaire

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Do you experience any of the following more than twice per year? (Check all that apply)

- Cough     Cold     Congestion     Wheezing     Runny Nose     Sinus Pain     Skin Irritation  
 Headaches     Sore Throat     Ear Pain     Itchy Eyes     Snoring     Ear Popping     Repeated Sneezing  
 Unexplained Fatigue     Difficulty Breathing

Have you ever been diagnosed with asthma or bronchitis?  Yes  No

Do you experience symptoms of allergies?  Yes  No

Regarding possible food allergies, do you experience any of the following? (Check all that apply)

- Constipation     Vomiting     Stomach pain     Diarrhea     Indigestion     Upset Stomach     Nausea  
 Cough     Wheezing     Tingling feeling of the mouth or tongue     Bloating after eating

Have you had an allergy skin or blood test within the past 3 years?  Yes  No When? \_\_\_\_\_

Current symptoms you are experiencing: \_\_\_\_\_

When are your symptoms the worst?  Spring  Summer  Fall  Winter  Year round

Do you have any family history of allergies?  Yes  No Who?  Mother  Father  Sibling  Other

Do you own any pets?  Yes  No  Cat  Dog  Bird  Other: \_\_\_\_\_

Do you smoke?  Yes  No If yes, how much? \_\_\_\_\_

What is your current occupation? \_\_\_\_\_

What do you think are your allergic triggers? \_\_\_\_\_

Current medications you are taking: \_\_\_\_\_

Are your current medications relieving your allergy symptoms?  Yes  No

Explain: \_\_\_\_\_

Have you ever had anaphylaxis?  Yes  No  Not sure

Have you ever had a reaction to peanuts or bee stings?  Yes  No Which one: \_\_\_\_\_

If you have asthma, is it under control?  Yes  No How often do you use your inhaler? \_\_\_\_\_

Are you currently taking Beta Blockers?  Yes  No

Are you pregnant?  Yes  No  N/A

Are you significantly immunocompromised, have malignancy or severe chronic illness?  Yes  No

Have you taken any antihistamine within the past 72 hours (3 Days)?  Yes  No Type: \_\_\_\_\_

To the best of my knowledge the information provided above is correct. \_\_\_\_\_

Patient/Guardian Signature

## CLINIC USE ONLY

Is the patient recommended to have an allergy test?  Yes  No (Skin  or Blood ) Food Panel

Patient to test today?  Yes  No Scheduled for (Date) \_\_\_\_\_

Refer patient to a specialist.  Yes  No

Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_